








DEAF ACHIEVE 2 Workshop dates Essex and Suffolk, to book or
for more information, please contact
deafachieve2@royaldeaf.org.uk

Date	Workshop	Where	Time
First and Third Thursday of every month	JOB CLUB 	Chelmsford Library, Market Road, Chelmsford Essex CM1 1QH	10am-2pm
Thursday 13th July 2017 	Menopause Health Workshop	Ipswich Town Hall, Cornhill, Ipswich, IP1 1DH (Pickwick Room)	10.15am to 12.30pm
Monday 17th July 2017 	Confidence Workshop	YMCA, Victoria Road, Chelmsford, Essex CM1 1NZ	10.15am to 12.30pm
Friday 21 st July 2017 	Tube Travel Group	Meet at Waterloo station, travel to Wembley Stadium, tour of Wembley Stadium and museum!	11am Bring your own lunch
Wednesday 2nd August 2017 	Film Making Workshop *great opportunity! Book early!*	Signal Media Victoria Chambers St Runwald Street Colchester Essex CO1 1HF	9.45am- 3pm Bring your own lunch
Friday 18 th August 2017 	Tube Travel Group	Meet at Liverpool Street train Station, Bus to London Bridge for Private tour of HMS Belfast and picnic in Hyde Park 9 spaces Bring your own lunch	9.30am Liverpool Street Station (Central Line) Meet at Platform 9-10 Must leave at 10am
Monday 21 st August 2017 	Health Walk Workshop	Thorndon Country Park, Thorndon South Arterial Road Brentwood CM13 3LW Meeting point: Thorndon Park South Car Park Bring your own lunch	10.30am to 1.30pm
Saturday 26 th August 2017 	Ten Pin Bowling	Clacton Pavilion, Marine parade West, Clacton on Sea, Essex CO15 1QX	9.45am- 11.30am

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Monday 18 th September 2017 	'Bootcamp' General exercise	Venue to be confirmed Chelmsford	TBC
Friday 21st September 2017 	Tube Group Travel	TBC	TBC
Monday 16 th October 2017 	Sepsis Health Workshop (blood poisoning)	Chelmsford Central Library Market Road Chelmsford Essex, CM1 1LH (Community Room)	10.15am to 12.30pm
Monday 6th November 2017 	Debt Workshop	Chelmsford Central Library Market Road Chelmsford Essex, CM1 1LH (Community Room)	10.15am to 1.30pm
Monday 20 th November 2017 	Eye Health Care Workshop	Chelmsford Central Library Market Road Chelmsford Essex, CM1 1LH (Community Room)	10.15am to 12.30pm
Monday 18 th December 2017 	Parkinson's Health Workshop	Chelmsford Central Library Market Road Chelmsford Essex, CM1 1LH (Community Room)	10.15am to 12.30pm