










DEAF ACHIEVE 2 Workshop dates Essex and Suffolk, to book or
for more information, please contact
deafachieve2@royaldeaf.org.uk

Date	Workshop	Where	Time
First and Third Thursday of every month	JOB CLUB 	Chelmsford Library, Market Road, Chelmsford Essex CM1 1QH	10am-2pm
Friday 18 th August 2017 	Tube Travel Group	Meet at Liverpool Street train Station, Bus to London Bridge for Private tour of HMS Belfast and picnic in Hyde Park 9 spaces Bring your own lunch	9.30am Liverpool Street Station (Central Line) Meet at Platform 9-10 Must leave at 10am
Monday 21 st August 2017 	Health Walk Workshop	Thorndon Country Park, Thorndon South Arterial Road Brentwood CM13 3LW Meeting point: Thorndon Park South Car Park Bring your own lunch	10.30am to 1.30pm
Saturday 26 th August 2017 	Ten Pin Bowling	Clacton Pavilion, Marine parade West, Clacton on Sea, Essex CO15 1QX	9.45am- 11.30am
Monday 18 th September 2017 	'Bootcamp' General exercise	Venue to be confirmed Chelmsford	TBC
Friday 22 nd September 2017 	Tube Group Travel	Meet outside Stratford Train Station by Pret A Manager, travel from Stratford to Waterloo Station. Bus to Museum of London 12 places available	10am Outside of Stratford station (Jubilee Line) Bring your own lunch
Monday 16 th October 2017 	Sepsis Health Workshop (blood poisoning)	Chelmsford Central Library Market Road Chelmsford Essex, CM1 1LH (Community Room)	10.15am to 12.30pm

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<p>Tuesday 17th October 2017</p>	<p>Tube Group Travel</p>	<p>Meet at Charing Cross Station by WHSmith, Travel to National History Museum!</p> <p>12 places available</p>	<p>10.30am Charing Cross station (Northern Line or Bakerloo Line)</p> <p>Bring your own lunch</p>
<p>Monday 20th November 2017</p> 	<p>Eye Health Care Workshop</p>	<p>Chelmsford Central Library Market Road Chelmsford Essex, CM1 1LH (Community Room)</p>	<p>10.15am to 12.30pm</p>
<p>Monday 18th December 2017</p> 	<p>Parkinson's Health Workshop</p>	<p>Chelmsford Central Library Market Road Chelmsford Essex, CM1 1LH (Community Room)</p>	<p>10.15am to 12.30pm</p>